

# under CONSTRUCTION

WWW.OVCEC.COM • JULY 2023

## MINDFUL BUILDERS

Addressing Mental Health  
in the Construction Industry



**ovcec**  
WV • OH • PA

OHIO VALLEY CONSTRUCTION EMPLOYERS COUNCIL

# **NWiR**

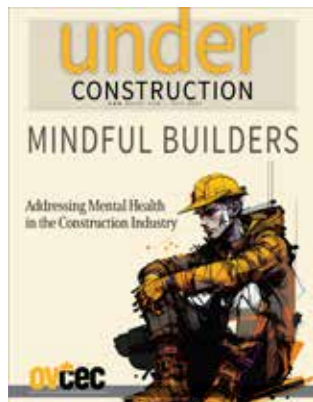
*National Women in Roofing*  
**Wheeling, WV Council**

The NWiR Wheeling Council is looking for  
new members!

This volunteer-based organization provides networking,  
mentoring, education, and recruitment opportunities to  
advance and empower those within the construction  
industry!



Please email [nwirwheelingwv@outlook.com](mailto:nwirwheelingwv@outlook.com) for more information!



## Cover Story

MINDFUL BUILDERS

Addressing Mental Health  
in the Construction Industry

**Ohio Valley Construction Employers Council, Inc. (OVCEC)** is a not-for-profit membership organization that promotes and advances the construction industry in the Ohio Valley. Our members are general contractors, subcontractors, equipment and material suppliers, architects, engineers, and construction service providers.

# Table of Contents

|           |  |
|-----------|--|
| <b>5</b>  | FROM THE EXECUTIVE DIRECTOR  |
| <b>6</b>  | EVERYONE'S TALKING ABOUT MENTAL HEALTH<br>IN THE CONSTRUCTION INDUSTRY |
| <b>10</b> | SUICIDE PREVENTION   |
| <b>12</b> | SUICIDE PREVENTION RESOURCES   |
| <b>15</b> | OVCEC UPDATES  |
| <b>16</b> | BRAIN MATTERS: HARD HATS VS HELMETS                                    |
| <b>18</b> | OVCEC GOLF OUTING  |
| <b>20</b> | MEMBER SPOTLIGHT: LM CONSTRUCTION                                      |
| <b>24</b> | TAYLORMADE PRINTING CELEBRATES 50 YEARS                                |
| <b>30</b> | MEMBERS IN THE NEWS  |
| <b>33</b> | OVCEC MEMBERS  |

## EXECUTIVE COMMITTEE

**Eric W. Starkowicz**

Executive Director

**Michael J. Leo**

President

Jarvis, Downing, & Emch, Inc.

**Michael J. Baker**

Cast & Baker Corporation

**Michael A. Gianni**

The James White Construction Company

**Robert A. Gribben, Jr.**

Grae-Con Construction, Inc.

**Brian M. Hendershot**

Ohio-West Virginia Excavating Company

**James J. Hurley**

Kalkreuth Roofing & Sheet Metal, Inc.

**Michael L. Mickler**

LM Construction, Inc.

*Under Construction Magazine is published quarterly, in January, April, July, and October.  
View this and past issues anytime at: [www.ovcec.com/events-news](http://www.ovcec.com/events-news)*





# All the material you need, when you need it.

**National Road Utility Supply, Inc.** was founded in 1985 on quality principles, products, and service. We continue today with these same three ideals. NRUSI stocks and distributes a broad line of

water works supplies and materials to municipalities and contractors. With three locations to serve you, you can count on the high quality of service our customers have come to expect from us.

**Valley Grove, WV**  
**800-727-6787**

**Natrona Heights, PA**  
**888-547-0101**

**Morgantown, WV**  
**866-547-0101**



Service is what we do best. *That's a promise.*

**nrusi.com**



## FROM THE EXECUTIVE DIRECTOR



Eric Starkowicz

I hope this edition of *Under Construction* magazine finds you well. As the Executive Director of the Ohio Valley Construction Employers Council (OVCEC), I am honored to present this issue focusing on the critical topic of “Mindful Builders” and the imperative of addressing mental health in the construction industry. This theme aligns perfectly

with our mission and vision to promote the well-being and advancement of our industry and its workforce.

The construction industry plays a vital role in our economy, contributing to infrastructure development, urban expansion, and job creation. However, beneath the scaffolding and machinery lies a workforce that faces unique challenges and pressures, including demanding schedules, physical labor, and a constantly changing work environment. It is essential that we recognize and prioritize the mental well-being of those who dedicate their efforts to building our future.

In this issue, we aim to shed light on the various aspects of mental health within the construction industry and provide insights, strategies, and resources to support both employers and workers.

We will explore the prevalence of mental health issues, such as stress, anxiety, and depression, and their impact on productivity, safety, and overall job satisfaction. By addressing these concerns head-on, we can foster a culture of empathy, understanding, and support within our industry.

To ensure a comprehensive examination of this critical subject, we have included a range of thought-provoking articles and resources. Leadership plays an important role in promoting mental wellness within construction companies. Please explore these, and other, best practices implemented by organizations that prioritize the well-being of their workforce and the positive impact these efforts have on morale, retention, and productivity.

I believe that this issue of *Under Construction* magazine will serve as a catalyst for change within the construction industry in the Ohio Valley. By raising awareness, sharing knowledge, and offering practical solutions, we can help create an environment where every worker feels seen, heard, and supported.

Thank you for the opportunity to shed light on the crucial topic of mental health in the construction industry. Together, we can make a difference and ensure a brighter, healthier future for the builders who construct the world we live in.



# Everyone's Talking About Mental Health in the Construction Industry

## Why Mental Health in the Construction Industry is so Important

Mental health and well-being are growing topics and concerns in the construction industry. This apprehension is increasing for two main reasons. First, the building sector ranks second highest in suicide rates among major industries according to a Morbidity and Mortality Weekly Report posted by the CDC. In addition, the Construction Dive Website reports, "One in five U.S. adults experience mental illness annually."

These alarming and shocking statistics have prompted organizations to recognize the importance of addressing mental health issues, providing access to resources, and creating an environment where employees feel safe and supported. These initiatives are essential for improving

employee well-being, morale, productivity, and overall job satisfaction and safety.

Craft professionals can face physical and mental demands that can take a toll on their health. Long hours, strenuous work, and the need to constantly learn new skills can all cause physical fatigue and mental exhaustion. This can have a noticeable impact on craft workers' mental health, leading to stress, anxiety, and even depression.

An employee suffering from mental health issues can also have a devastating impact on the lives of everyone around them. The family, friends, coworkers, and anyone else who interacts with that individual daily are all affected.

## Recognize the Facts and Signs

Mental health is essential to a workplace in the same way as physical health. Reluctance to talk about mental health reinforces the impression that the topic is taboo.

However, statistics clearly show this issue should be anything but off-limits for discussion. Forbes.com lays out the facts:

- Construction jobs are still addressed predominantly to young males. Suicide is the second leading cause of death for men in the United States between the ages of 25 and 54.
- Men in high-stakes and high-skill occupations are almost 1.5 times more likely to die by suicide.
- People in occupations that don't require any education after high school are at a higher risk of suicide.

The article from Forbes goes on to point out why the signs of depression go unnoticed on the job site. The main reason is attributed to a "tough guy" stigma in construction so asking for help is not something that comes naturally to those working these jobs.

Bam Nuttall CEO, Steve Fox said in an article for Construction News, "I think the fact construction is a male-dominated industry highlights male-related issues. Men don't talk about this stuff at all. One of the big things we need to do is to make it safe for people to talk about mental health."





*“One of the big things we need to do is to make it safe for people to talk about mental health.”*





## **The Employer's Role in Employee Mental and Emotional Health**

Mental and emotional health are essential aspects of any workplace, and employers have a role to play in decreasing the stigma associated with these issues.

The first step in recognizing and normalizing mental health is to create a safe space for people to talk about their struggles without fear of judgment. This can be done by breaking down the stigma associated with discussing mental health issues, educating the workforce on the importance of taking care of our mental well-being, and providing resources for those who need help.

Employers should create cultures that encourage employees to talk openly about their mental and emotional health needs, as well as provide resources for them to take care of those needs. This could include providing access to mental health professionals, offering training on mental and emotional health topics, or providing flexible work schedules that allow employees to take time off when needed.

In an article from Construction Dive, psychotherapist, author and mental health expert, Laurie Sharp-Page, says, "Everyone's mental health is highly unique to themselves with no singular journey. People cope in different ways. It's important for organizations to have space for every individual. You can't force someone to take care of mental health. You can help support them."

Sharp-Page continues in the Construction Dive story that companies can support their employees by creating a framework for how the team talks about mental health and creating clear policies on mental health days within their organization. The framework can include giving employees the space to have their feelings and to cope with feelings by providing resources and support. Policies should, at a minimum, acknowledge that prioritizing mental health is encouraged.

Additionally in the article, Kathi Dobson, Safety Director, Alberici Constructors adds, "We have to keep reminding everyone that mental health issues in the industry are really common."

*"People cope in different ways. It's important for organizations to have space for every individual."*



# JDE JARVIS, & DOWNING & EMCH INC.

## CONSTRUCTION SERVICES

JD&E provides all facets of construction services for projects of all types and sizes within the commercial, industrial, gas and oil and private sectors. For quality, experience and attention to detail, contact JD&E today.

- Construction Management
- Design/Build
- General Contracting
- Mass Earthwork
- Retaining Walls
- Concrete Structures/Foundations
- Site Development
- Slip/Slide Repairs
- Pre-Engineered Buildings
- Site Utilities
- Structural Steel
- Interior Work

**(304)232-5000**

[www.jde-inc.com](http://www.jde-inc.com)



*“One in five U.S. adults  
experience mental illness  
annually.”*

~ Construction Dive Website

# SUICIDE PREVENTION



## **Suicide in Construction Workers**

The construction industry has one of the highest rates of suicide among its workers. In fact, death by suicide among construction industry workers was five times higher than employee fatalities on job sites, reported the Centers for Disease Control and Prevention (CDC) in 2020.

Indeed, the skyrocketing numbers of suicide victims is why the construction industry and various health organizations are acting to reinforce better mental health among its workers and decrease suicides.

A groundswell of awareness is making suicide prevention a priority, confronting the topic head-on. One organization, the Construction Industry Alliance for Suicide Prevention (CIASP), gathers support from unions, associations, contractors, and mental health organizations across the nation. Some of the largest organizations in the construction industry support CIASP's efforts.

Likewise, the Surgeon General's office has created a Framework for Workplace Mental Health & Well-Being to spark organizational dialogue and change in the workplace. The plan includes prioritizing workplace psychological safety and normalizing mental health to break down stigma.

## A Plan for Employers

Even with alarming and growing statistics, suicide is still not given the same attention as other medical issues. This is ironic, considering that suicide can be prevented if we increase awareness and make suicide prevention a higher priority on the construction industry's health agenda.

In its suicide prevention framework, the World Health Organization (2014) outlined various strategies which comprise a comprehensive approach. These include:

- Raising awareness about mental health, substance use disorders, and suicide.
- Gatekeeper training for supervisors and managers.
- Education about suicide and its prevention.
- Establish public information campaigns to support the understanding that suicides are preventable.
- Increase public and professional access to information about all aspects of preventing suicidal behavior.

## Prevention Training

In a Forbes online article, psychotherapist and international bestselling mental strength author, Amy Morin talks about making suicide prevention a top priority in the industry. By educating employees, offering resources to support them, and intervening when a problem exists, it's likely they're saving lives.

She conveys you should not assume mental health problems aren't an issue in your organization. The National Alliance on Mental Illness estimates one in four adults experiences a mental illness. Here's what you can do in your company:

- **Start a conversation about mental health.**  
Talk about issues like stress management in your meetings. Be willing to mention the importance of self-care and living a healthy lifestyle. Your employees' emotional state has a big impact on their productivity and overall life satisfaction.
- **Help employees detect mental health problems early.**  
Many mental health problems go undetected, which causes people to suffer in silence. Encourage employees to access free online screening tools and provide in-service training with mental health professionals. Statistics show most people will seek treatment once they recognize they may have a problem.
- **Support employees' efforts to get help.**  
Ensure an employee can get to therapy once a week and provide the workforce with an employee assistance program. With treatment, 65% to 80% of individuals with mental illness see improvements, so make sure you support people's efforts to get the help they need.

## OVCEC Commits to Spreading Suicide Prevention Awareness

OVCEC has made the pledge to support the Construction Industry Alliance for Suicide Prevention (CIASP). This organization has compiled tools and resources to help integrate suicide prevention into your company's culture as a safety and health priority.



### The Construction Industry Alliance for Suicide Prevention

<https://preventconstructionsuicide.com/index.php>



### Stand Up For Suicide Prevention

[https://preventconstructionsuicide.com/STAND\\_UP\\_for\\_Suicide\\_Prevention](https://preventconstructionsuicide.com/STAND_UP_for_Suicide_Prevention)

CIASP is dedicated to changing the statistics by educating and equipping organizations, industry service providers, and construction professionals to Stand Up for suicide prevention and address it as a health and safety priority.



# Suicide Prevention Resources



## Toolbox Talk

[https://preventconstructionsuicide.com/Toolbox\\_Talks](https://preventconstructionsuicide.com/Toolbox_Talks)

## How to Talk About Mental Health and Suicide

The first step in preventing suicide is to talk about it. But those conversations are rarely an easy step to take. Talking about mental health and suicide can feel awkward and uncomfortable. The stigma that surrounds these topics can make us embarrassed to bring them up and sometimes what happens is we use inappropriate phrases and language to address them. The problem with this is that it increases the stigma around mental health and suicide and can make it harder for someone in need of help to ask for it.

If we think about mental illness like any other physical illness it helps to reframe our thinking and language. We don't say somebody "is cancer" so we shouldn't say that about mental illness either. Swap out "is" for "is experiencing anxiety" or "has depression". When we say they "are depressed" it labels the whole person as the disorder and it becomes their identity – as opposed to addressing it as a health issue.

Similarly, our language around suicide can be changed to help not only those at risk but those who may have attempted or lost someone to have more dignity as well. "Committed suicide" is the common phrase we hear but "commit" implies a crime or a sin. Suicide is a death caused by the disease of mental illness, addiction, or despair. Saying "died by suicide" is a much more respectful term to use. The most important thing is to think about what you are saying and whether it will make you seem approachable to someone who is experiencing mental illness or suicidal thoughts to talk to. Avoid using words like crazy, psycho, schizo, or wacko as descriptions for anyone – even if they aren't experiencing mental illness, using those words increases the negative stigma around mental health and makes it harder for those in need to speak up.

## Get Help Now

If you are thinking about suicide or are in need of help, there are several free resources that provide confidential support 24 hours a day, 7 days a week. If you are concerned that a friend, family member or co-worker is at risk for suicide, you can also reach out to these resources for help.



Call the **National Suicide Prevention Lifeline**, a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

**For immediate help, call 1-800-273-TALK (8255).**



988 offers 24/7 access to trained crisis counselors who can help people experiencing mental health-related distress. That could be: thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress. People can **call or text 988 or chat 988lifeline.org** for themselves or if they are worried about a loved one who may need crisis support.



**Text HELLO to 741741.** Every person is connected with a crisis counselor, who is trained to listen and offer sound advice.

## Chips as a **Conversation** Starter

OVCEC has created poker chips to help get the conversation started about this difficult topic. The chips are intended to raise awareness that there is help available through the 988 Suicide & Crisis Lifeline.

**“Your Mental Health Matters” to the OVCEC.**

Please let us know if you would like chips to share with your employees who may need help.





# KARRAS PAINTING LLC



## VOTED #1 PAINTER IN THE OHIO VALLEY!

- PREMIER LARGE COMMERCIAL PAINTING CONTRACTOR
- MEDICAL, SCHOOL, OFFICE, RESTAURANT, AND RETAIL BUILDING PAINTING
- SANDBLASTING AND INDUSTRIAL COATINGS
- WALLCOVERING APPLICATION AND REMOVAL
- EPOXY AND URETHANE FLOOR COATINGS

*"Since 1943"*

*Karras Painting LLC, one of the oldest painting companies in the Ohio Valley, was started in 1943 by Michael Karras. Formerly a ship's captain in the Greek Merchant Marines, Karras came to America as a young man and married Betty Valan, whose father started the firm J.M. Valan Company, and settled in the Ohio Valley. Michael Karras started the business as a sole proprietorship operating from his home. In 1969 the company incorporated, expanding services and areas of operation and have in peak time employed as many as 40 painters.*



## FOR ALL YOUR PAINTING NEEDS

304-233-2211- FAX: 304-233-2213

Email: [karrasptgllc@comcast.net](mailto:karrasptgllc@comcast.net)

2408 Eoff Street, Wheeling, WV 26003

[WWW.KARRASPAINTING.COM](http://WWW.KARRASPAINTING.COM)





## OVCEC UPDATES

*These projects showcase the work of our members and will ensure that we continue to have a facility that our members are proud to visit.*



### METAL PANELS AND TRAINING ROOM EXPANSION

**PETTICORD & SON** recently completed a project at the OVCEC Headquarters. The project involved painting the metal panels on the exterior of the building, which had become faded and worn over time. The new paint job has given the building a fresh, updated look and has helped to enhance its curb appeal. The OVCEC is grateful to Petticord & Son for their excellent work and for helping to improve the appearance of the facility.



**CATTRELL COMPANIES** has completed an expansion of the training room at the OVCEC. The project has nearly doubled the size of the training room, providing additional space for classes, training, meetings, and other events. OVCEC is excited about the expanded training room and looks forward to utilizing it as we continue to grow our training and educational opportunities.



### SUPERVISOR REASONABLE SUSPICION TRAINING

In May, John Pipo from **NCI - NURSING CORPS** provided Supervisor Reasonable Suspicion Training at the OVCEC. The training met all WV, OH, and Federal requirements and covered various topics, including the signs and symptoms of drug and alcohol abuse, the legal implications of reasonable suspicion testing, and the proper procedures for documenting and reporting incidents. The training was well-received by the supervisors in attendance, who found it informative and engaging. The OVCEC would like to extend its gratitude to John Pipo for providing the training and helping to promote a safe and drug-free workplace.



# Brain Matters: Hard Hats vs Helmets



Hard hats have come a long way since shipbuilders would cover their hats with tar to create a layer of protection from tools and objects falling from ships. Today, the hard hat has become an iconic symbol to represent the construction industry.

And while hard hats have typically been the longstanding go-to choice for protection against permanent, life-changing injuries or death, more and more, they are being replaced by safety helmets. These helmets, derived from the ones used in extreme sports such as rock climbing or even whitewater rafting, attach more closely on the head and have built-in chin straps. This 'helmet revolution' has some safety managers looking beyond the typical hard hat when choosing the best protective headgear to fit their crews' needs while keeping them safe on the job.



Remote Medical International (RMI) states that slips and falls cause most head injuries within the construction and manufacturing industry. According to the Occupational Safety and Health Association, OSHA, in 2016, 38% of all fatalities in the workplace were caused by falls, making it the leading cause of fatalities in the workplace. The increase in safety helmet adoption on jobsites has led to design innovation in head protection to offer ANSI/ISEA Type 2, top and side protection, safety helmets that include padded suspension with an adjustable swinging ratchet for quick adjustment, and comfortably fitting adjustable buckle chin straps. This design innovation means crews do not need to trade-off safety for comfort.



Milwaukee Tool is dedicated to keeping users safe by introducing Type 2 Safety Helmets to their PPE line up, delivering users better protection and more comfort. Each helmet is constructed with a comfortable padded suspension that includes an adjustable swinging ratchet for quick adjustment and better comfort. The climbing style helmet also has a comfortable fitting, adjustable buckle chin strap for security. The new helmet is designed with an anti-microbial sweatband and helmet liner that prevents odor and bacteria build up and can be removed to be machine washed. The safety helmets are ANSI type 2 and meet energy absorption capacity clauses 4.2.1.2 (front), 4.2.1.3 (side), and 4.3.1.4 (rear), and retention system clauses 4.2.3 (strength) and 4.2.4 (effectiveness) of EN12492:2012. They are offered in eight colors.



Traditionally, hard hats have made it difficult for workers to equip themselves with the tools they need for the job. For example, protective eyewear or ear protection—or both—might not fit correctly when used with many types of hard hats. If workers want to wear multiple pieces of protective equipment or other accessories along with their hard hats, they are left to improvise. But this puts the item's integrity at risk. Milwaukee's BOLT™ System allows users to secure accessories to either hard hats or safety helmets simultaneously for a complete head protection solution. Accessories include earmuffs, eye visors, face shields, headlamps, visors, and sunshades. Milwaukee continues to focus on creating innovative solutions that won't slow users down, helping them STAY SAFE. STAY PRODUCTIVE™.





**NEW**  
**SAFETY HELMETS**

**BETTER PROTECTION**  
**MORE COMFORT**

ANSI/ISEA Z89.1  
TYPE I, TYPE II, CLASS C

**LEARN  
MORE**



or visit <https://qr.mke.tl/2mxe2>

STAY **SAFE.**  
STAY **PRODUCTIVE.**





## OVCEC GOLF OUTING

On Monday, June 19, 2023, OVCEC held the annual golf outing at the beautiful Williams Golf and Country Club in Weirton, WV. The event was attended by members of the construction industry, including contractors, subcontractors, suppliers, and service providers, who participated in a friendly competition. In addition to golf, the event featured a delicious dinner, raffle prizes, and networking. The golf outing was a tremendous success, bringing together members of the construction community for a day of fun and networking.







## THANK YOU TO OUR SPONSORS

Premier Sponsor



Dinner Sponsor







## MEMBER SPOTLIGHT

### LM CONSTRUCTION

## QUALITY WORK

# FOUNDED ON TRAINING, CRAFTSMANSHIP, COMMUNICATION, AND STRONG RELATIONSHIPS

One of the largest contractors in the tri-state area LM Construction, Inc. is located in southeastern Ohio. They are a high-experience, low-maintenance union contractor that has been in business for over three decades.

LM Construction specializes in interior and exterior commercial and home builder finish systems. This includes services such as interior and exterior metal and wood framing, EIFS (Exterior Installation Finish Systems), DAFS (Direct Applied Finish Systems), ceilings, walls and wood and metal truss installation.

Terry Lavorini and Mickey Mickler founded the company in 1989. Terry was a union plasterer and Mickey was a union carpenter. This laid the groundwork for the structure of the company and the direction in which it still moves and adapts to this day.

They both take pride in the fact that every employee at LM Construction specializes and is certified in the field they work in, making sure every technique used is performed at the highest skill level.

Mickey's son, Mikey Mickler, LM Construction President, has worked for LM Construction for 30 years. "I started as an apprentice in the field. Then worked up to journeyman, and later became a foreman for 15 years," says Mickler. After now being in the office for 11 years, he is in the process of purchasing the company from Lavorini.

"One of the things that sets us apart in the industry is we have always hired, employed, and trained a high percentage of employees from the point of apprenticeship to journeyman stage and taught them the way that we expect things to be done as a company," Mickler continues. "Most of these employees move on to be foremen and superintendents within our company."

According to Mickler, another thing that makes them unique is their field superintendents. Doug Kosky and Seth Matey both served in the field from carpenter apprentices to carpenter journeymen. From that point, they served as carpenter foremen for multiple years until becoming field superintendents.





Front left: Mikey Mickler holding Michael Mickler  
 Front right: Terry Lavorini  
 Middle back: Mickey Mickler

***The company has achieved many awards and honors including the Outstanding Safety Performance Award Presented by the Ohio Bureau of Workers' Compensation.***

He explains, "The relationship they forged within the workforce during this time is unmeasurable and invaluable because the individuals they worked with are now foremen and the workforce they oversee. They have strong relationships with general contractors like Grae-Con, Cattrell, and JD&E." The company has also enjoyed good relationships with other union trades to maintain quality and speed of work.

In addition, the office staff of Chelsey Hunker and Ashley Koonce are strongly active in working with the field superintendents with day-to-day operations and coordinating the office end. The staff is rounded out with Charlie Buzzard, estimator, who has also been with the company for 20+ years.

Their wide range of construction services allows them to cover nearly all facets of a project from start to finish.

Mickler adds, "LM Construction's main goal has always been to not just meet schedules, but to outperform schedules, and do so with superior work."

***Operating throughout Ohio, West Virginia, and Pennsylvania, the company's reputation confirms this goal is consistently met. Some of their significant projects include Brooke County Judicial, Trinity West Tower Expansion, South Fayette Municipal Building, Fort Henry Renovations, and Akron Children's Hospital.***

LM Construction is a proud member of the Builders Association, the Ohio Valley Construction Employers Council, the Construction Employers Association, and the Belmont County Safety Council.



## Our commitment to excellence has not changed.

Hull is now **Verdantas**

For this new company, we've brought together like-minded people from across the country with the same level of commitment to our clients' success. With greater reach and capabilities from nearly 450 environmental engineers and scientists, we are ready to build a brighter tomorrow for everyone.



740-217-7685 | [verdantas.com](http://verdantas.com)

# 75 YEARS



### WHAT WE VALUE

- Safety
- One Team
- Integrity
- Innovative
- Professional



### WHAT WE DO

- Industrial
- Substation Services
- Commercial / Institutional
- Power Generation
- Renewable Energy
- Engineering & Testing





# KOZICKI HUGHES TICKERHOOF

---

## CERTIFIED PUBLIC ACCOUNTANTS

DENNIS KOZICKI, CPA  
NANCY HUGHES, CPA  
AIMEE TICKERHOOF, CPA

---

## INTEGRITY + QUALITY + CONTINUITY

---

THE MAXWELL CENTRE  
32 – 20TH STREET – SUITE 300  
WHEELING, WV 26003  
304-232-2280  
KHTCPAS.COM





## TAYLORMADE PRINTING CELEBRATES 50 YEARS OF BUSINESS

Most in the Ohio Valley know TaylorMade Printing because of its cutting-edge techniques, reliability, and personal touch.

Yet the reason the Valley took TaylorMade to heart probably is its humble beginnings. The company wasn't a spinoff of a large corporation. It was built by good, old-fashioned hard work and a belief the area would respond to high-quality production from friends and neighbors. Now, TaylorMade Printing is celebrating 50 years in the business with both a sense of pride and gratitude to all its customers.

"We've loved every minute of serving the Ohio Valley and beyond," said company president Debbie Taylor, who is now retiring and passing the torch to her son Scott. "It's truly been a labor of love serving all our friends. As I look back on the last 50 years, I'm amazed at the changes in services and technologies we offer and am proud of what we've set up for TaylorMade's next 50 years."

Debbie smiles when she looks back at the company's development.

TaylorMade sprouted when, in 1972, Debbie's husband and former company president Jim Taylor called on Chuck Fortney, who ran a small print shop out of his home. The two became friends and decided to form a partnership.

That partnership became Copies Incorporated, which was located at 1618 Jacob Street until a move to the current location at 1910 Jacob Street.



*Jim and Debbie Taylor*

"We started our business with an SBA loan of \$25,000," Debbie said. "We spent many nights worrying about how we were going to pay back the loan, but our customers didn't let us down."

"I remember those early years were frustrating, but exciting," Jim said. "I knew from the beginning if we offered honest pricing and top-rate service we'd have a good chance of success. And that's still our credo."

Of course, the company name was eventually changed. That's because of all TaylorMade had and continues to add each year.

It doesn't, however, mean the change was easy.

"At first, we were afraid to change it from Copies Incorporated," said Jim. "It had grown into a recognizable brand. But we were more than a quick-print operation because of all our equipment and capabilities. We were full-service."

It was the beginning of a growth spurt for the business.





*Scott Taylor, Owner, and Jim Taylor*



*Debbie Taylor and Penni Joseph, Executive Assistant*

After six years of partnership, Fortney, who has since passed away, moved to Florida and the business became the husband-wife endeavor of Jim and Debbie, along with son and then-production manager Scott. They added a two-color Komori Press, a two-color Ryobi, a Davidson Web Press and a two-color Multilith Press. They offered Image Setting equipment for complex jobs.

And the changes continued.

“Now,” said Debbie, “the printing industry is geared more toward digital printing rather than offset printing. Printing files are transmitted electronically and printed on our Canon ImagePress C8000VP.”

#### **TAYLORMADE PRINTING IS A UNION SHOP OFFERING POLITICAL PRINTING AND MAILING SERVICES**

2024 will be a significant year for political mailings. Because paper has been scarce this year, we are going to stock paper for political orders ahead of time. Therefore, we are asking that political customers **contact us ASAP at [customerservice@tmprinting.com](mailto:customerservice@tmprinting.com)** so we can inventory enough paper per customer, and put them on the schedule to print and mail.

The Taylor family has always been proud to make sure the needs of their customers are met. Ninety-five percent of the work is done in-house, and the other five percent brokered out is strictly supervised.

Debbie said Scott is sure to maintain the work ethic.

“He’s very knowledgeable and loves the printing industry,” she said. “He’s been with us for 30 years, starting with making deliveries to learning how to operate the equipment, from cutter, collator, folder and several printing presses. He’s well-versed in management. We have no doubt our friends will continue to have a superior customer experience.”

The current location boasts 10,000 square feet of space with two indoor loading docks. That provides not only space to store materials, but a quality work environment for the employees. TaylorMade serves over 300 accounts, including local marketing agency Wheelhouse Creative LLC.

Jim and Debbie Taylor, by the way, are also proud of their older son Jim, a graduate of Linsly, who received a Ph.D. in pharmacy and is a professor at the University of Florida, and daughter Crystal, also a graduate of Linsly, who majored in fashion merchandising at Kent State and is currently living in Colorado.

“We are very proud of our children and take great pleasure in their continued success,” said Jim and Debbie.

TaylorMade Printing’s hours of operation are 8:00 a.m. to 4:30 p.m., Monday through Friday. The office phone number is 304-232-1166.



# TOPGOLF Pittsburgh

## Thursday, August 3, 2023

### 1-4 p.m.

### \$80 per person or \$480/Bay (6 Attendees)

Includes Three (3) Hours of Topgolf Play,  
All-American Lunch Buffet, Free Soft Drinks, and  
Two (2) Drink Tickets for Beer or Wine.

A cash bar will also be available. You may bring  
your own clubs or use the free rental clubs.

Make Your Reservations Today  
**ovcec@ovcec.com or 304-242-0520**





**Thursday, August 24, 2023 at 5 p.m.**

**OGLEBAY PARK**  
**LEVENSON SHELTER**

**\$40 per person**

Join us for Dinner, Drinks, Vendors, Games, Raffles, and More!

**Make Your Reservations Today!**

**Questions, Donations, Sponsorships?**

**ovcec@ovcec.com or 304-242-0520**

Architects + Engineers + Learning Environment & Educational Facility Planners +  
Energy Efficient "LEED" Designers + HVAC Commissioning Process Provider +  
Interior Designer + Historic Preservationist + Construction Administrators



Brooke County Schools  
Brooke Middle School  
Wellsburg, West Virginia



Ohio County Schools  
J.B. Chambers Performing Arts Center  
Wheeling, West Virginia



Hancock County Schools  
Weirton Elementary School  
Weirton, West Virginia



West Virginia Independence Hall  
historic preservation  
Wheeling, West Virginia

# MCKINLEY

ARCHITECTURE + ENGINEERING

(304) 233-0140



Wheeling, WV  
Charleston, WV  
Pittsburgh, PA

[www.McKinleyDelivers.com](http://www.McKinleyDelivers.com)

EXPERIENCE.  
INNOVATION.  
DELIVERED.





## Mid-Atlantic Maintenance



### AIRPORT RUNWAY MAINTENANCE • STRIPING • TRAFFIC CONTROL • CRACK FILLING • SEALCOATING

*With over 30 years of combined experience and competitive pricing, Mid Atlantic Maintenance offers a vast array of traffic related services. We are committed to providing great customer service. Serving the public and private sector, we consider no job to be "too Big or too Small".*

#### AIRPORTS:

- Installation of Engineered Material Arresting System (EMAS)
- Crack Sealing
- Asphalt Surface Treatment
- Runway Marking (permanent and temporary)
- Sealcoating

#### STATE/FEDERAL ROADWAYS:

- Work Zone Traffic Control Devices
- Raised Pavement Markers (RPMs)
- Pavement Marking/Road Striping
- Thermoplastics
- Crack Sealing and Joint Adhesive

#### PROJECTS:

- Driveways
- Parking Lot Pavement Marking
- Tennis/Basketball Court Coating



### SERVICES WE OFFER

### LICENSES and Codes



License Number: WV 047493

DUNS: 054116478

NAICS: 237310, 238990, 339950, 561990, 14621



#### SOUTHERN DIVISION:

304.372.7770 Fax: 304.489.7214  
3164 Southern Highway, Mineral Wells, WV 26150

#### NORTHERN DIVISION:

740.699.0082 Fax: 740.699.0084  
65945 Airport Road, St. Clairsville, OH 43950

### COMPANY OVERVIEW

We are a Disadvantaged Business Enterprise (DBE) Certified in Ohio, West Virginia, Delaware, Florida, Indiana, Kentucky, Maryland, New Jersey, New York, North Carolina, Pennsylvania, Tennessee and Virginia.

Mid-Atlantic Maintenance was established in 2010.  
We are a Small Business Certified (SBE) and a Women-Owned business.

AMBER SEMONES, PRESIDENT • ASEMONES@MIDATLANTICUSA.COM  
www.midatlanticusa.com



Partner with **OVCEC Member Rewards**  
and receive discounted services and products as a  
membership benefit

As a "thank you" for your membership with OVCEC, your business has access to national account pricing through **OVCEC's Member Rewards** Program. These national accounts are managed by DSI, a group purchasing organization, but the associated savings opportunities are available to you solely as an OVCEC membership benefit and without DSI based costs or purchasing requirements. For more information, please contact Anne Drolet, DSI, Director of Business Development at 303-827-4483 or at [adrolet@dsi-mail.com](mailto:adrolet@dsi-mail.com).

# MEMBERS IN THE NEWS



**GRAE-CON CONSTRUCTION** has partnered with the Vineyard Church to build the new Vineyard Christian Fellowship Children's Center & Café. The new center will offer much-needed childcare services to the community and aims to accommodate up to 300 children.



In May, members of **KALKREUTH ROOFING & SHEET METAL**'s corporate office took time to clean up the streets of downtown Wheeling. "It's where we work, live, and have fun. Our communities help to sustain us, and being active within them is an important part of who we are."



**BEAVER CONSTRUCTION COMPANY** went orange in support of Work Zone Safety! They took this opportunity to show their support for those out there on the road and in the field! Slow down. Pay attention. Drive with caution.

# MEMBERS IN THE NEWS



Congratulations to **BRUCE & MERRILEES ELECTRIC CO.** on receiving The Association of Union Constructors Thomas J. Reynolds Award for Excellence and their commitment to working safely every day.



**CATTRELL COMPANIES** began work on a \$12 million project to place a new heating, ventilation, and air conditioning system in the City-County Building in Wheeling in April.



WVU Medicine awarded the University Town Centre Phase II Expansion Project to **LANDAU BUILDING COMPANY**. As general contractor, Landau will oversee the new two-story, 60,000 sf addition to the existing three-story building.



# Locally Owned. Local Decision Makers.



*You Deserve A Bank This Good.*

[MyMainStreetBank.com](http://MyMainStreetBank.com)

2001 Main Street  
Wheeling | 304-232-2001

2088 National Road  
Elm Grove | 304-242-6005

112 N. Lafayette Avenue  
Moundsville | 304-845-2211

1010 Commerce Street  
Wellsburg | 304-737-2345



member  
**FDIC**

# OVCEC MEMBERS

## 2023 Board of Directors

### Executive Director

Eric W. Starkowicz

### President

Michael J. Leo

*Jarvis, Downing & Emch, Inc.*

Michael J. Baker

*Cast & Baker Corporation*

Michael A. Gianni

*The James White Construction Company*

Robert A. Gribben, Jr.

*Grae-Con Construction, Inc.*

Brian M. Hendershot

*Ohio-West Virginia Excavating*

James J. Hurley

*Kalkreuth Roofing & Sheet Metal, Inc.*

Michael L. Mickler

*LM Construction, Inc.*

## General Contractors

Beaver Excavating Company

Carl Walker Construction, Inc.

Cast & Baker Corporation

Cattrell Companies, Inc.

Chapman Corporation

Grae-Con Construction, Inc.

The James White Construction Company

Jarvis Downing & Emch, Inc.

Landau Building Company

McCart Construction, LLC

O'Brien's Companies

Ohio-West Virginia Excavating Company

Savage Construction Company

Shelly & Sands, Inc.

Songer Services

Stevens Engineers & Constructors

Volpatt Construction

Walters Construction, Inc.

Warren Door/Traichal Construction

## Specialty Contractors

Able Concrete, Inc.

American Plate Glass, Inc.

Angelina Stone & Marble, Ltd

Atlas Mechanical Insulation, Inc.

Brewer & Company of West Virginia, Inc.

Bruce & Merrilees Electric Company

Buckeye Mechanical Contracting, Inc.

Buckeye Steel, Inc.

Century Steel Erectors

Cogar Right of Way Clearing, LLC

East Coast Metal Systems, Inc.

ERB Electric Company

Fire Foe Corporation

GPC Contracting Company

H. E. Neumann Company

Intex Services, LLC

Kalkreuth Roofing & Sheet Metal, Inc.

Karras Painting, LLC

Kris-Crete Contracting, Inc.

LM Construction, Inc.

Mid Atlantic Maintenance

Mountain Aire Heating & AC

Murphy Consolidated Industries

N F Mansuetto & Sons, Inc.

Northern Panhandle Pipe & Supply, Inc.

Over & Under Concrete Construction, Inc.

Petticord & Son, Inc.

Quality Steel Erecting

S A Comunale Company

Schenerlein & Sligar, Inc.

Sky Construction, Inc.

United Electric of Wheeling, Inc.

Universal, Inc.

Walden Industries, Inc.

Weirton Lumber Company

Yahn Electric Company, Inc.

## Affiliate Members

4 Seasons Window Cleaning

All Crane Rental of Pennsylvania

Belmont Savings Bank

Best Line Equipment

Beyond Marketing

Breisch & Crowley, LLC/

BCdesignbuild.com

Bridgeport Equipment & Tool

Carpenter Connection, Inc.

Carpeting Unlimited, Inc.

Carpets by Jamison, LLC

Cerrone Associates, Inc.

Colonial Life & Accident

DMAC, LLC

Doing Better Business (DBB)

Encova

Environmental, Health & Safety

Solutions, Inc.

Famous Supply Company

Felton CPA

First Choice America CFCU

The Flooring Center

General Rental, Inc.

Glessner Wharton & Andrews

Insurance, LLC

Graybar Electric Company

Gunton Corporation dba Pella Window and Door

Hazlett, Burt & Watson, Inc.

Heidelberg Materials

Hillside Motel

Hughes Design & Gift Gallery, Inc.

iHeart Media

Jefferds Corporation

Kennedy Hardware Company, Inc.

Kozicki, Hughes, Tickerhoof, PLLC

LBRA Architecture

Lollini & Sons, Inc.

Mack's, Inc.

Main Street Bank Corporation

Matyskiela & Grant, Inc.

Mazzella Welding & Fabrication, Inc.

McCoy Consulting Services LLC

The McKeen Group

McKenzie & Riedel Wealth Management

McKinley & Associates

McKinley Carter Wealth Services

Milwaukee Tool

Minute Men HR Management Services

Mobilize 360

Moody and Associates, Inc.

Mull Group, Inc.

Mutual Wholesalers of Wheeling

National Road Utility Supply, Inc.

NCI - Nursing Corps

Ohio Valley Printing Company

Omni Strategic Technologies

Paull Associates Insurance/Real Estate

Phillips, Gardill, Kaiser & Altmeyer, PLLC

Ponzani Landscaping Company

The Printing Press

ProMedica Medical Management

Raymond James Financial Services

RECO Equipment, Inc.

Repco II

Richardson Copy Concepts

Sands Electric Company

Scatterday Architecture

Seubert & Associates

Spilman, Thomas & Battle, PLLC

Stanley Black & Decker (DEWALT)

State Electric Company

Steele Insurance Associates, Inc.

Steptoe & Johnson, PLLC

TaylorMade Printing Services

Top Notch Landscaping & Supply, LLC

Truist Financial

TSG

Undo's Executive Catering Division

United Bank

USI Insurance Services, LLC

Verdantas

WA Wilson & Sons Inc

WallacePancher Group

WesBanco Bank, Inc.

Wesco Disbribution

Westfield Companies - Ohio

Farmers Insurance

Wheeling Area Chamber of Commerce

Wheeling Office Supply

Whiteside of St. Clairsville, Inc.

WITTS Services

WTRF-TV

## Associate Members

Belmont Harrison Vocational

School District

MPLX

Oglebay

Regional Economic Development

Partnership

Reynolds Memorial Hospital

The Finest Authentic *Italian Restaurants* and the Best *Sports Bars* in the Region –  
all from one family since 1953.



*A Taste of Italy ... 5 Locations!*

**STEAKS • SEAFOOD • PIZZA • PASTA**

**Famous Steak Night under ten bucks!**

**Banquet Facilities Available**

**Legal WV Gaming**



**Reservations Accepted**

**Undo's West**  
51130 National Rd.  
St. Clairsville, OH  
**740-695-8888**

**Undo's Benwood**  
753 Main St.  
Benwood, WV  
**304-233-0560**  
**CLOSED ON TUESDAYS**

**Undo's Elm Grove**  
2153 National Rd.  
Wheeling, WV  
**304-242-5585**  
**OPEN FOR LUNCH**

**Undo's Weirton**  
350 Three Springs Dr.  
Weirton, WV  
**304-723-9700**

**Undo's on the Pike**  
Quality Inn  
700 Pike St.  
Marietta, OH  
**740-374-7280**

**UNDO'S CATERING – CALL US AT 304-233-5566**  
**WE CATER ANY EVENT, NOTHING TOO BIG OR TOO SMALL**

Visit [www.undos.com](http://www.undos.com) or follow us on  **Undo's Family Restaurants**

## Richardson Copy Concepts

72 East Cove Avenue, Wheeling, WV 26003

(304) 242-1030

# RICOH

**TOSHIBA**

Leading Innovation >>>

**Savin**  
Authorized Dealer



*Andy Richardson, Owner*

**Sales - Service - Supplies**

**Rentals - Leasing - Quick Prints**

  
**EAST COAST**  
METAL SYSTEMS



**East Coast Metal Systems is a  
Proud Member of the OVCEC!**

Pre-Construction Services |  
Secure-Scan 3D Laser Scanning | Construction Services |  
Metal Panel Fabrication | Fabrication Services |  
Corporate Identity Programs | Historic Renovation

304-909-4220 | [www.ecmsinc.net](http://www.ecmsinc.net)

# POWERING THE VALLEY



Residential - Commercial

Phone - Security

Industrial - Computer Cabling



**IBEW #141**

**NECA**

**United Electric 304-232-1330**

**Stewart Electric 304-277-4589**

**ERB Electric 740-633-5055**

**Yahn Electric 304-232-5070**

**Carol Electric 740-676-1572**

**Bryan Electric 740-695-9834**

**SAFETY - SECURITY - PEACE OF MIND**



# BUILDING BETTER BUSINESS PARTNERSHIPS





21 Armory Drive  
Wheeling, WV 26003

PRSR STD  
US POSTAGE  
**PAID**  
WHEELING WV  
PERMIT NO. 44



## Building Solutions to Manage Risk

At USI, we've become a leader by doing things differently. We bring decades of risk management experience, a proprietary risk analysis process and a local team supported by the expertise of more than 6,000 professionals nationwide. Let us show you how the right plan and the right partner can help protect your company's most valuable assets. Experience the USI ONE Advantage today!

USI Insurance Services  
2-22nd Street, Ste. 200  
Wheeling, West Virginia  
304.232.0600 | [www.usi.com](http://www.usi.com)



Property & Casualty | Surety | Employee Benefits | Personal Risk

© 2017 USI Insurance Services. All rights reserved.